Jesus said unless we're re-born of the Holy Spirit we cannot enter the kingdom of God. Jh.3:3-5. And again, the Word tells us we are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in us. Any one who does not have the Spirit of Christ does not belong to him. But if Christ is in us, although our bodies are dead because of sin, our spirits are alive because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in us, then he who raised Christ Jesus from the dead will give life to our mortal bodies also through his Spirit which dwells in us. Rom 8:9-11. Do you know this reality in your life?